MANGO MICRODRIED® CUBED LOW MOISTURE Nutritional Information

LOW MOISTURE

Analysis Name	Results	Units
Calories	370	Cal/100g
Carbohydrates	87.87	% by wt.
Total Sugars	48.33	% by wt.
Fructose	14.58	% by wt.
Glucose	5.77	% by wt.
Lactose	< 0.25	% by wt.
Maltose	< 0.25	% by wt.
Sucrose	27.98	% by wt.
Total Fat	0.67	% by wt.
Trans Fat	< 0.01	% by wt.
Saturated Fat	0,24	% by wt.
Monounsaturated Fat	0.20	% by wt.
cis-cis Polyunsaturated Fat	0.19	% by wt.
Total Dietary Fiber	10.2	% by wt.
Protein	3.03	% by wt.
Vitamin A (Beta Carotene)	1,851	IU/100g
Vitamin C	14.90	mg/100g
Calcium	36.8	mg/100g
Iron	0.70	mg/100g
Sodium	4.50	mg/100g
Ash	1.97	% by wt.

* Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.

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