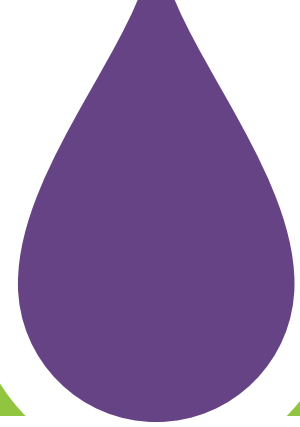


BLACKBERRY MICRODRIED® WHOLE

LOW MOISTURE Nutritional Information



LOW MOISTURE

Analysis Name	Results	Units
Calories	393	Cal/100g
Carbohydrates	82.41	% by wt.
Total Sugars	35.68	% by wt.
Fructose	17.63	% by wt.
Glucose	18.05	% by wt.
Lactose	< 0.25	% by wt.
Maltose	< 0.25	% by wt.
Sucrose	< 0.25	% by wt.
Total Fat	4.84	% by wt.
Trans Fat	0.01	% by wt.
Saturated Fat	0.46	% by wt.
Monounsaturated Fat	1.21	% by wt.
cis-cis Polyunsaturated Fat	2.95	% by wt.
Total Dietary Fiber	36.5	% by wt.
Protein	4.91	% by wt.
Polyphenols	8,150	ppm
Vitamin A (Beta Carotene)	1,100	IU/100g
Vitamin C	< 0.5	mg/100g
Calcium	273	mg/100g
Iron	2.8	mg/100g
Sodium	3.04	mg/100g
Ash	3.13	% by wt.

** Data obtained from multiple sources including testing and literature. Data is not lot specific and should not be considered a specification.*

Concentrated Excellence®
milnefruit.com



804 Bennett Avenue
 Prosser, WA 99350
 tel: 509.786.2611
 fax: 509.786.4915